



PRIMATIV WARRIOR & JOE'S BOXING

APRIL 2010



JOE'S BOXING CLUB
SYDNEY

WWW.JOESBOXING.COM.AU

20/118 QUEENS RD FIVE DOCK FIVE DOCK NSW

OH WHAT A NIGHT !

Corporate Contender II March 25th Cabana Bar

Really no longer a corporate contender as many other gyms like South Sydney Juniors put fighters up. 8 out of the 11 fights had one of our fighters involved which made me a very busy little corner-man. I was so proud of my team who looked after each other warmed up other fighters and showed respect to officials and other fighters. We have become a force to be reckoned with and I intend to work hard so that we don't lose that aura. Sure we didn't win every fight but we operated as a unit and we won way more than we lost so if you were part of the team you share in the victory even if you lost individually. Most of our fights had Justann in one or the other of our corners and his brilliance at reading our opponents weaknesses was amazing. He had such a great time and I think he is more excited about being in the corner than when he was fighting. We are very lucky and as usual I am very grateful and humble that he chooses to support us. If we are lucky we will get two more of these nights before State titles this year and we may enter other events if I am comfortable with them. Will McDonnell pictured with Justann and myself fought an amazing contest as the headline act and showed he really deserved to be ranked as our top contender. Thankyou so much more to come Go you good things !

Quick Calendar 2010

- 1st May New Timetable
5pm boxing Monday to
Thursday every week
- Thursday 6th May
General Grading White
to Red Shirt
- Friday May 14th –
Sunday 16th Rylstone
camp
- Thursday 1st July
Contender III

Timetable changes 1 May

The success of standardizing the times 7pm and 8pm across the weekdays has motivated me to go further and make 5pm boxing youth/adult everyday Monday to Thursday.

Mixed Martial Arts will now run on Monday and Thursday at 6pm.

I have decided however to cancel Saturday MMA class at 9am and also the Martial Arts class at 12pm opening up times for private lessons for those who have taken up contender memberships.

I encourage people to round out self defence skills with MMA & try a sword class too.

If you have any feedback about class times I would be happy to hear from you.



**Corporate
Contender III**

Thursday July 1st

**Next Grading
Thursday 6th**

May 7pm

**Rylstone Camp
14th—16th May**

All welcome

**Grading Results Thursday 18th
March 2010**

Red Shirt	Edwin Vartazarian Jonathan Walsh Sandra Payne Aidan Crouch
Blue Shirt	Daniel Boyd Lisa Usher
Grey Shirt	Brendan Williams Adam Savoldi Jack Lombo Greg Jennings Sargon Lazar Luke Nerberding Jack Dobbin Paul Lopez Sam Powell

If you graded on the 18th March 2010 or thereabouts and are not on this list please let me know also if you have previously been promoted to a new shirt and it has not been reflected in the computer system alert me as well.

Now that we have senior classes I would encourage students to make the effort to get to the class appropriate for their shirt level as well as their general training so that we can make the progression in skill levels more pronounced.

**Melanie Grenon Canadian
Amateur 46kg champion visits**



We are blessed in our with our women's program to not only have Lon former WBA women's world 47kg champion with us training our girls , we then had a surprise visit from Melanie who will probably compete at 2012 Olympics .

WORLD Champion Danny Green has called out arch nemesis Anthony Mundine for an Anzac Day mega bout -IBO cruiser-weight world champion Green wants to avenge his 2006 loss to Mundine with a re-match in Sydney on Anzac Day. Green proposed a 45-45 purse split for what would prove a multi-million dollar match-up, with ten per cent going into a fund for indigenous causes. While Green has offered to fight in Mundine's hometown and says the money offer is hugely generous, Mundine would be forced to come up in weight for a fight to take place. "I came out of retirement, accepted the challenge and then he ran the other way," Green said.—Smh February 10

Only one little problem Anthony Mundine is currently fighting at 73kg and Danny is fighting at 83kg so that's 10kg Mundine has to rise which would take some time to get there. Mundine sits easily at about 77kg whereas Danny is now probably dropping from near 90kg. Mundine is going to train with Freddie Roach a move I think is extremely smart both for his boxing skills and the potential to get noticed n the USA. ! Kostya has just come out saying Mundine should not worry about the weight—yea right Kostya that would mean you would be fighting middleweight maybe Kelly Pavlik

Rylstone Camp 14th—16th May

The property is a mere three hours from the start of the M4 so it is quite easy to get there on the Friday night.

It has been hard to lure people away from Sydney but for those who make the effort it has been a great bonding and training experience.

This year we will have archery and a golf driving range off a 1000ft cliff. We will walk a 15km round trip to the stunning Ferntree gully as well runs to the top the lookout and team carries of heavy objects.

We will have training sessions as well I usually do a private lesson with all attendees.

This year so I will charge \$25 per person to get some basic food & consumables.

If you haven't you should experience!



In Memoriam

Sam McCahill 1970-2010

Sam was formerly a student of Joe's Boxing and did some private lessons with me last year. His life took a turn for the worse late last year when he lost an eye in a pub brawl. He came back to training for a while but then moved away citing business and distance but I could tell he was struggling with things. I attended his funeral and got an insight into his life and friends and how deeply he had affected those around him. Although no one is to blame it is a sad event that lingers in my mind.

