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IF THIS YEAR WAS BIG NEXT YEAR IS HUGE

Corporate Contender

Friday 2nd October 7.30pm
held at Boxingworks in City
1/67 Castlereagh St Sydney

All 8 of our contenders made it to the evening and were primed and ready to rock and roll. Unfortunately there were a number of last minute pull outs of our opponents. This meant only three of the six fights could be judged with opponents from other gyms and three were exhibition fights (non judged) as we were matched against ourselves.

Congratulations to both Adrian & Will who performed amazingly to win their fights convincingly.

To Wesley, Adam, Aidan, Mikel, Gareth, Miguel we are al proud of your efforts. We have a DVD of all the fights .This was the first time we have entered ABA sanctioned competition and am looking forward to the second round Friday 11th December at Boxingworks.

OUR FIGHT NIGHT 2009

Awesomely awesome night . Following on from the success of our 2008 inaugural fight night the 2009 lived up to expectation and more.

The fights were fantastic and Tory vs Ben was a fitting finale and showed people at close range what quality boxing was all about. No serious injuries were recorded and the comradeship and sportsmanship between opponents was exemplary.

Thanks to Peta and Danni who were such good sports doing the ring cards and selling raffle tickets and Claudette for managing the refreshments counter and thanks to Lisa for getting us some sponsorship.

Thanks to Alex Tui for donating his signature on a set of gloves which some lucky person won but also for refereeing all six matches making sure no one was in danger of being injured.

My greatest thanks again to our friend and ally Justann Crawford who is in element in the corner coaching our competitors with such care but also such passion.

Finally thanks to all those that supported the event and put their hands in their pockets we raised a good amount of money which will help us further all our projects & causes. Next year will be even better.!

QUICK CALENDER 2009

- Thursday 26th November 7.30pm Grading from White to Black shirt and prize giving
- Friday December 11th Corporate Contender II at Boxingworks 1/64 Castlereagh St Sydney
- Tuesday 15th December last class for 2009
- 1st February 2009 classes resume



Corporate Contender II

Friday 11th December
Boxingworks City

Final Grading for 2009

Thursday 26th
November 7pm



Grading Results for General Grading from Grey to Red Shirt 24th September 2009

Blue Shirt	Sandra Paynei
Grey Shirt	Sam McCahill
	Matthew Robin
	William Doomadgee
	Jason Kim
	Aidan Crouch
	Guy Hannaford
	Wesley Murai
	Daniel Petronijevic
	Luca Pellegrino
	Tulin Pillay
	Lisa Usher
	Natasha Pereira
	Chris Burns

If anyone is missing from this list please let me know.

Rounding out the year

The last promotion for the year is on Thursday 26th November from 7pm. This is also where I will be presenting the Black shirts with their promotions and since I have a number of trophies left over from fight night I thought I would make some presentations as well.

This coincidentally falls on my birthday so I would love lots of people to come and kid myself I have lots of friends.

I will provide a few refreshments and we can have a small Christmas celebration to round out the year afterwards.

I would take this opportunity to thank my instructors for their devotion and enthusiasm and a very special thanks to Alex Tui & especially to Justann Crawford with whom we wouldn't have been able to make the giant leaps we have into competition. Next year we will have a real shot at state titles and hopefully nationals and I want girls on the team!

State Boxing Titles 16th-18th October 2009

San Souci Fishing Club, 100 Bestic St Brighton Le Sands

We had three of our students step up for this contest. Will McDonnell who had just fought on the Boxingworks card lost by the narrowest margin to a Billy Hussein fighter (Billy Hussein can be seen as a trainer on the Australian contender show). Daniel Chung who had only trained her for three weeks lost on a decision that many felt could have been either way in the schoolboy division. Tory wasn't quite as close but fought a very good opponent and went the three rounds easily. It should be noted that all three fought the person that went on to win the State title in that division. We were very competitive and were complimented and welcomed in by all the boxing fraternity. The week before I had taken Daniel and Tory across to Kosta Tszu's gym where they trained and sparred and were watched by Kosta himself. When we came to the day Tory and Daniel were greeted as one of theirs and we have an open invitation to return. Will's fight sparked a connection with Billy Hussein's gym as well. Next year I want to get a larger team together and turn up en masse. People need to be of the proper standard however because as the competition is tough. We will be looking at ways to get our students more competition and sparring. 2010 should be a great year for us so have a decent Christmas break and get serious!

Hope — This years Movember has two causes that it supports and raises money for they being Prostrate cancer and Beyond Blue's depression. I don't know too much about the prevention of prostrate cancer but I have had first hand knowledge albeit briefly with depression and I will be supporting Movember and encourage others too as well.

John Kirwan for those who don't know is one of New Zealand's great sportsman an all black who held the record for the most tries scored for the all blacks at least a decade. He has been the coach for Italy and is now Japan's Rugby Union coach. He also has suffered badly from depression even through his playing days and was sometimes paralysed with fear before he went on the field. He has become the public figure in New Zealand in an ad campaign where he writes the word 'Hope' in the sand. For those who might perceive that you are too strong and this would not happen to them I know that anyone will break if enough pressure is applied. Special services and spy organizations will drive their operatives to breaking point and beyond and then rebuild them. Everyone cracks at some point a la Brad Pitt & Robert Redford in Spy Games, I know this from personal experience but I also know as with John Kirwan that you can rebuild yourself into something better & stronger and happier so as my mother's message to young people relayed last year at her 90th birthday party. "If you are having hard time slow down take it one day at a time be patient and the universe has a way of righting itself" - Way to Go Mom so hang in there and don't give up hope.

